

[View this email in your browser](#)



September 2026

Last month, I mentioned that we would be sending out a survey to our current and former patients who have given us permission to send them emails. If you fall into that category, you should have received an email from me within the past week that included a link to the survey. However, it is possible that I accidentally missed some people. If you are a current or former patient and you would like to anonymously give us feedback about your experience working with us, you can do so [here](#).

Thanks,
Jonah

Lunchbox Wars

Last month, a story started circulating online about a school parents' group chat text. Apparently, in this chat, one of the mothers of a student asked the other parents to stop packing "unhealthy" food items for their own kids because her daughter is not allowed to have these types of foods. [Read More](#)



Soolman Nutrition LLC | 36 Bonwood Road | Needham, MA 02492 USA
info@soolmannutrition.com | soolmannutrition.com

Copyright (C) 2026 All Rights Reserved

[Update Your Preferences](#) | [Unsubscribe](#)