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August 2026

Joanne and I got into dietetics because of our desire to help people, and sometimes we like to check in and see how we are doing on that front.

If you are a current or former patient and you have given us permission to send you emails, you will soon be receiving a brief survey inviting you to give us feedback. Before sending out the survey, we will email you individually in order to give you a heads-up to expect its arrival.

The survey is of course optional, and it is also anonymous (unless you choose to include your name, which is totally your call). We have thick skin and welcome constructive criticism, so please be candid in your responses.

Thank you in advance for giving us feedback that will better enable us to help our current and future patients!

Thanks,
Jonah

The Floor Is Lava

Those of you who have been following our blog for a while and have long memories may recall that I occasionally bristle at false and misleading motivational quotes, but a recent experience at an elementary school has me reconsidering my stance. [Read More](#)



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