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## February 2026

Our daughter and I spent part of a recent snowy day baking an old cookie recipe, which inspired me to reflect upon how my relationship with this recipe has evolved over the last 25 years.

Thanks,  
Jonah

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### **Real, Authentic, Unapologetic Cookies**

Since each, umm, “cookie” provided minimal satisfaction, I would eat a bunch of them at once in an effort to make up for diminished quality with quantity. Those of you experienced with diet foods can probably relate to the state of feeling overly full yet insufficiently satisfied. [Read More](#)



Soolman Nutrition LLC | 36 Bonwood Road | Needham, MA 02492 USA  
[info@soolmannutrition.com](mailto:info@soolmannutrition.com) | [soolmannutrition.com](http://soolmannutrition.com)

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